

# Southern Culture Cuisine

Check Out Our Product Selection

Ask About Our Homegrown Order Guide

Make A Better Decision For Your Business & Community

	name
Chemicals & Janitorial	Bag 12" x 10" Standard Weight 1 Gallon Seal Top Bag - 250/Pack
	Bleach 6x1 Gallon Commercial Grade
	Bleach Seventh Generation 44733 Professional 64 oz. Chlorine Free Color Safe Bleach - 6/Case
	Bottles Spray 32 oz Sprayer Kit / 3 per case
	Cleaner Glass 1 gal
	Delimer 1 gallon / Descaler per gallon
	Dish Advantage Chemicals 5 gallon / 640 oz. Low Temperature Dish Washing Machine Detergent
	Dish Advantage Chemicals 5 gallon / 640 oz. Low Temperature Dish Washing Machine Rinse Aid
	Dish Advantage Chemicals 5 gallon / 640 oz. Low Temperature Dish Washing Machine Sanitizer
	Floor Cleaner Pine Scent 4x1 gal case
	Fuel Chafing Dish 2.5 hour 12 per case
	Glove Noble Products 3 Mil Thick Black Hybrid Powder-Free Gloves - Extra Large
	Glove Noble Products 3 Mil Thick Black Hybrid Powder-Free Gloves - Large
	Glove Noble Products 3 Mil Thick Black Hybrid Powder-Free Gloves - Medium
	Glove Noble Products 3 Mil Thick Black Hybrid Powder-Free Gloves - Small
	Grill Advantage Chemicals 4x1 Gallon Oven and Grill Cleaner
	Grill Brick Scrubbe by ACS GB12-TSH 8" x 4" x 3 1/2" Grill Brick - 12/Case
	Presoak Noble Chemical Silva-Liquid 1 Gallon / 128 oz. Tableware Presoak - per gallon
	Sanitizer Edwards-Councilor S150E48 Steramine Sanitizer Tablets (Sanitabs) 150 Count Bottle
	Scouring Pad Scrubbe By ACS 96-050 6" x 3 1/2" Green General Purpose Scouring Pad - 60/Case
	Scouring Pad Stainless Steel Standard Weight Scouring Pads - 12/Pack
	Soap Advantage Chemicals 32 oz. Liquid Dish Soap - 12/Case
	Soap Advantage Chemicals 32 oz. Liquid Dish Soap - per each
Paper Products & Containers	4 Cup Drink Carrier - 200/Case

	<b>Bag 7 x 8 Quart Standard Weight Seal Top Bag - 250/pack</b>
	<b>Bag Green Herc 1/6 Size Biodegradable Plastic T-Shirt Bag - 500/Case</b>
	<b>Bag Heavy-Duty Plastic Food Bag 4" x 2" x 8" - 1000/Box</b>
	<b>Bag Trash 10 gallon 3000 per case</b>
	<b>Bag Trash Can Black 33gal 1.5mil 100cs</b>
	<b>Bag Trash Can Black 55gal 2.4mil 50cs</b>
	<b>Bag Trash Can Liners 60gal 100ct</b>
	<b>Box EcoChoice 9" x 9" x 3" Biodegradable, Compostable Sugarcane / Bagasse 1 Compartment Takeout Box - 200/Case</b>
	<b>Box EcoChoice Biodegradable, Compostable Sugarcane / Bagasse 5" x 5" x 3" Take-Out Container - 500/Case</b>
	<b>Choice 10" x 10" Black 2-Ply Beverage / Cocktail Napkins - 1000/Case</b>
	<b>Choice 9 oz. Clear Plastic Squat Cold Cup - 1000/Case</b>
	<b>Container Berry 1pint Green Cardboard case of 420</b>
	<b>Container Berry 1Quart Green Cardboard Case of 250</b>
	<b>Container ChoiceHD 12 oz. Microwavable Translucent Plastic Deli Container and Lid Combo Pack - 240/Case</b>
	<b>Container ChoiceHD 16 oz. Microwavable Translucent Plastic Deli Container and Lid Combo Pack - 240/Case</b>
	<b>Container ChoiceHD 32 oz. Microwavable Translucent Plastic Deli Container and Lid Combo Pack - 240/Case</b>
	<b>Container ChoiceHD 8 oz. Microwavable Translucent Plastic Deli Container and Lid Combo Pack - 240/Case</b>
	<b>Container Clear Lid for 2oz portion cups. 250pc 2500 per case</b>
	<b>Container Portion Cup 2oz Clear 2500 per cs</b>
	<b>Cup 12oz Hot Drink Cup Plain White - SOLO - 500 per cs</b>
	<b>Cup Choice 12 oz. Clear PET Plastic Cold Cup - 1000/Case</b>
	<b>Cup EcoChoice 12 oz. Compostable and Biodegradable Paper Food Cup with Tree Design - 500/Case</b>
	<b>Cup EcoChoice 8 oz. Compostable and Biodegradable Paper Soup / Hot Food Cup with Tree Design - 500/Case</b>
	<b>Cutlery Kit Plastic FKS - S&amp;P Napkin 250ct</b>
	<b>EcoChoice 16 oz. Sleeveless Kraft Compostable and Biodegradable Paper Hot Cup - 500/Case</b>
	<b>EcoChoice 7 3/4" Jumbo Black Wrapped Paper Straw - 3200/Case</b>
	<b>Foil Choice 18" x 500' Food Service Standard Aluminum Foil Roll</b>
	<b>Frills Club Picks 1000ct</b>
	<b>Guest Checks 1/Green 50 books per case</b>
	<b>Lid Choice 9, 12, 16, 20, and 24 oz. Clear Flat Lid with Straw Slot - 1000/Case</b>
	<b>Lid EcoChoice 12-32oz oz. Black Hot Food Travel Lid Vented - 1000/Case</b>

	Lid EcoChoice 8 oz. Translucent Compostable Soup / Hot Food Cup Vented Lid - 500/Case
	Napkin Choice 1-Ply White Beverage / Cocktail Napkin - 4000/Case
	Napkin Choice WrapNap 16" x 16" White 1/4 Fold 2-Ply Dinner Napkin - 3000/Case
	Paper Deli Sheets Brown Grease-proof Dispenser Box 14.2in 12x260 pcs per case
	Paper Toilet 2ply 96 Rolls /500cnt
	Paper Towel Natural Brown 350 ft roll 12/case
	Parchment Paper Bun / Sheet Pan Liner Sheet -Paper Baker's Mark PanPal 16" x 24" Full Size Coated 1000/Case
	Picks Bamboo Knot 4in 1000ct
	Picks Sandwich Bamboo Paddle 6in 1000ct Case
	Stirrer Royal Paper R825 7 1/2" Eco-Friendly Wood Coffee Stirrer - 5000/Case
	Wrap Film 12" x 2000' Standard Film with Serrated Cutter
	Wrap Film 18" x 3000' Standard Film with Serrated Cutter
	Clamshell Natural Brown Large Corrugated 8" x 8" x 3" Corrugated Clamshell Take-Out Box - 110/Case
	Chafing Fuel 6 Hour Wick Chafing Dish Fuel with Safety Twist Cap - 24/Case
	Butane Canasstir 50162 Butane Fuel Refill 8 oz. Canister - 12/Case
	Clamshell Natural Brown Corrugated Small 5 1/2" Square Corrugated Kraft Clamshell Take-Out Box - 200/Case
	Cup12 oz. Smooth Double Wall White Compostable Paper Hot Cup - 500/Case
	Cup 12 oz. Clear PET Plastic Cold Cup - 1000/Case
	Cup9 oz. Clear PET Plastic Squat Cold Cup - 1000/Case
	Lid 8 oz. Squat to 24 oz. Black Hot Paper Cup Travel Lid - 1000/Case
	Lid 9, 12, 16, 20, and 24 oz. Clear Flat Lid with Straw Slot - 1000/Case
	Cup w Lid 12 oz. Kraft Paper Food Cup with Vented Lid - 250/Case
	Lid 8 oz. Kraft Paper Food Cup with Vented Lid - 250/Case
Dry Stock & Shelf Stable	Meal Corn Bloody Butcher Corn Meal Heirloom Grains Virginia Deep Roots Milling 2lb bag
	Sugar Raw Natural Demerara Turbinado 50 lb
	Baking Powder Clabber Girl 10 lb. Double-Acting
	Baking Soda Arm & Hammer 24x1 lb. Baking Soda - per case
	Basil Fancy Dried Leaves Regal 1.5lb
	Bean Baked Furmano's #10 Can Baked Beans - 6/Case

	<b>Bean Bella Vista #10 Can Fancy Black Beans in Brine - 6/Case</b>
	<b>Bean Furmano's #10 Can Extra-Fancy Chick Peas (Garbanzo Beans) - 6/Case</b>
	<b>Bean Green Canned Fancy Cut #10 Can Per Each</b>
	<b>Bean Pinto Furmano's #10 Can Pinto Beans - per can</b>
	<b>Cardamom Regal Ground Cardamom - 16 oz.</b>
	<b>Chili Powder 5lb</b>
	<b>Chipolte Powder 16oz</b>
	<b>Cholula 5 oz. Original Hot Sauce - 12/Case</b>
	<b>Clove Whole 6oz</b>
	<b>Coriander Regal Ground Coriander - 16 oz.</b>
	<b>Coriander Whole 10oz</b>
	<b>Cornmeal 2lb Bag</b>
	<b>Cumin Regal Ground Cumin - 4 lb</b>
	<b>Curry Powder 10oz</b>
	<b>Drink Cheerwine 24/12oz</b>
	<b>Drink Coca Cola 24/8oz</b>
	<b>Drink Diet Coke 24/8oz</b>
	<b>Drink Dr Pepper 24/12oz</b>
	<b>Drink Dr. Enuff 24/12oz</b>
	<b>Drink Fanta Orange 24/12oz</b>
	<b>Drink Ginger Ale Red Rock 24/12oz</b>
	<b>Drink Grape Nehi 24/12oz</b>
	<b>Drink Mtn Dew 24/12oz</b>
	<b>Drink Nugrape 24/12oz</b>
	<b>Drink Orange Nehi 24/12oz</b>
	<b>Drink Peach Nehi 24/12oz</b>
	<b>Drink Pepsi 24/12oz</b>
	<b>Drink RC Cola 24/12oz</b>
	<b>Drink Root Beer A&amp;W 24/12oz</b>
	<b>Drink Sprite 24/8oz</b>
	<b>Drink Sprite Mexican 24/22oz</b>

	<b>Drink Stewart's Cream Soda 24/12oz</b>
	<b>Drink Sundrop 24/12oz</b>
	<b>Drinks Sarsaparilla 24-12oz</b>
	<b>Flour All Purpose Flour - 50 lb.</b>
	<b>Flour Fine Whole Wheat Brown Flour - 50 lb.</b>
	<b>Ginger Regal Ground Ginger - 6 oz.</b>
	<b>Grits NC Yellow 2lb Bag</b>
	<b>Hot Sauce Frank's RedHot 1 Gallon XTRA Hot Cayenne Sauce - per gallon</b>
	<b>Iodized Sea Salt Mortons Round 1#10oz ea</b>
	<b>Ketchup Furmano's #10 Can Fancy Grade Ketchup - 6/Case</b>
	<b>Lea &amp; Perrins 1 Gallon Worcestershire Sauce - per gallon</b>
	<b>Mayonaise Heavy Duty 1gal</b>
	<b>Five Spice 14oz</b>
	<b>Mustard Espirit de paris 8.8lbs Smooth Dijon per 8.8lb tin</b>
	<b>Mustard Ground Yellow 4lb</b>
	<b>Mustard Seed Regal Yellow Mustard Seed - 16 oz.</b>
	<b>Mustard Yellow Admiration 1 Gallon per gal</b>
	<b>Nutmeg Ground 5lb</b>
	<b>Nutmeg Whole 8oz</b>
	<b>Pepper White Ground 5 lb</b>
	<b>Oil Frying Liquid Shortening 35lb Clear</b>
	<b>Oil Lira Olive Pomace Oil - 1 Gallon Tin</b>
	<b>Oil Sesame - Lee Kee Kum 1.65 Liter Premium Pure Sesame Oil - per can</b>
	<b>Onion Powder McCormick Onion Powder - 4 lb.</b>
	<b>Orange Mandarin #10 cans 6per case</b>
	<b>Oregano Leaves Dried 1 lb</b>
	<b>Pepper #10 Can Roasted Red Peppers - 6/Case</b>
	<b>Pepper Black Cracked Black 1/2 Cracked per lb</b>
	<b>Pepper Black Regal Coarse Grind Black Pepper - 5 lb.</b>
	<b>Pepper Black Regal Whole Black Peppercorn - 5lb</b>

	Pepper Chipolte #10can 6 per case
	Pepper Ground White 5lb
	Pepper La Casita 7 oz. Chipotle Peppers in Adobo Sauce - per each
	Pepper Peppers Del Sol #10 Can Diced Green Chile Peppers - per can
	Poppy Seed 1lb
	Poppy Seed 5lb
	Potato Tater Rounds ( TOTS ) 6/5lb
	Quinoa Regal Foods Organic Tri-Color Quinoa - 5 lb.
	Regal Bay Leaves - 12 oz.
	Regal Brown Flax Seed - 16 oz.
	Regal Crushed Red Pepper - 4 lb
	Regal Fancy Paprika - 5 lb.
	Regal Granulated Garlic Powder - 5lb
	Regal Ground Allspice - 8 oz.
	Regal Ground Cayenne Pepper - 5lb.
	Regal Ground Cinnamon - 4 lb
	Salt 3 lb. Bulk Coarse Kosher Salt Diamond Crystals
	Salt Course Sea Salt 10lb
	Salt Lawry's 5 lb. Seasoned Salt - 4/Case
	Sesame Seed Black 5lb
	Sesame Seeds White 5lb
	Soy Sauce Castella 1 Gallon Soy Sauce
	Spray Pan Sprease 16 oz. All-Purpose Release Spray - 6/Case
	Sugar Brown Domino 2 lb. Light Brown Sugar - 12/Case
	Sugar Diamond Crystal 50 lb per
	Sugar In The Raw Turbinado 50 lb
	Tahini Paste Sesame King 16 oz. All Natural
	Thyme Leaves DRIED 24 oz
	Tomato #10 Can Whole Peeled Tomatoes - 6/Case
	Tomato Diced #10 Can 6 per case

	<b>Tomato Marinara #10 Can Deluxe Marinara Sauce - 6/Case</b>
	<b>Tomato Paste #10 Can Tomato Paste - 6/Case</b>
	<b>Tortilla Father Sam's Bakery 12-Count 12" Spinach Tortilla Wraps - 6/Case</b>
	<b>Turmeric Ground 10oz</b>
	<b>Vanilla Regal Foods 16 oz. Gourmet Pure Vanilla Extract</b>
	<b>Vinegar 1 Gallon Distilled White Vinegar - 4/Case</b>
	<b>Vinegar 5 Liter Balsamic Vinegar - 1per case</b>
	<b>Vinegar Admiration 1 Gallon Red Wine Vinegar - 1gal</b>
	<b>Vinegar Admiration 1 Gallon Red Wine Vinegar - 4/Case</b>
	<b>Vinegar Kikkoman Rice Vinegar - (4) 1 Gallon Containers / Case - 4/Case</b>
	<b>Vinegar Woeber's 1 Gallon Apple Cider Vinegar - 1gal</b>
	<b>Vinegar Woeber's 1 Gallon Apple Cider Vinegar - 4/Case</b>
	<b>Vinegar1 Gallon English Style Malt Vinegar - 4/Case</b>
	<b>Wood Chips Various Per 2.5lb Bag</b>
	<b>Woodchip Cherry Smoking Chips - 1.6 lb.</b>
	<b>Yeast Lesaffre SAF-Instant Red Dry Yeast 1 lb.</b>
Organics	<b>Beet Golden Organic 25lb</b>
	<b>Beets Red 25lb Organic</b>
	<b>Broccoli Crowns Organic</b>
	<b>Cabbage Green Organic 50lb</b>
	<b>Cabbage Red Organic 50lb</b>
	<b>Carrot Organic Juice 25lb</b>
	<b>Carrot Table Organic 25#</b>
	<b>Celery Organic cs</b>
	<b>Cucumber Organic 20lb</b>
	<b>Date Dried Organic per lb</b>
	<b>Kale Dino Organic 24ct</b>
	<b>Kale Organic 24ct</b>
	<b>Lettuce Spring Mix Salad Greens 3lb Organic</b>
	<b>Onion Red 40lb Organic</b>
	<b>Onion Yellow 40lb Organic</b>

	<b>Orange California Organic 72ct</b>
	<b>Pear Bartlett Organic</b>
	<b>Pear D'Anjou Organic</b>
	<b>Potato Organic Russet 50lb</b>
	<b>Potato Organic Yukon 50lb</b>
	<b>Potato Sweet Organic</b>
	<b>Spinach Baby 3lb Organic</b>
	<b>Butter Real Cream Walnut Creek 36 1lb case</b>
	<b>Butter Real Cream Walnut Creek Unsalted 1lb</b>
	<b>Butter Unsalted Amish Hand Roll 6x2lb</b>
	<b>Cheese American Cady Creek 120-sliced 4/5 20lb case</b>
	<b>Cheese Cady Creek Baby Swiss 8lb avg priced per case</b>
	<b>Cheese Cady Creek LMPS Mozzarella 12lb avd price per case</b>
	<b>Cheese Cady Creek Loaf American 10lb avg priced per case</b>
	<b>Cheese Cady Creek Mild Cheddar 10lb avg priced per case</b>
	<b>Cheese Cady Creek Pepper Jack per 12lb avg priced per case</b>
	<b>Cheese Cady Creek Provolone 12lb avg priced per case</b>
	<b>Cheese Cady Creek Sharp Cheddar 10 lb priced per case</b>
	<b>Cheese Cheddar Mild Shredded Walnut Creek 8oz pack</b>
	<b>Cheese Gorgonzola Blue 1.5 lbs</b>
	<b>Cheese Gouda Smoked Cady Creek Deli Slices 8oz pack</b>
	<b>Cheese Gouda Traditional Delights Hickory Smoked Gouda Cheese 6 lb. Roll - 2/Case</b>
	<b>Cheese Mozzarella Shredded Walnut Creek 8oz pack</b>
	<b>Cheese Parmesan Grated 4/5lb</b>
	<b>Cheese Pizza 5 cheese blend 4/5lb</b>
	<b>Cheese Provolone Cady Creek Deli Slices 8oz pack</b>
	<b>Cheese Swiss Baby Cady Creek Deli Slices 8oz pack</b>
	<b>Cheese Swiss-American Cady Creek 120-sliced 4/5 20lb case</b>
	<b>Cream Creamers 1/2 &amp; 1/2 Shelf Stable 1/384ct</b>
	<b>Cream Half &amp; Half 12 Quart</b>
	<b>Cream Heavy 36% butterfat 12quart case</b>



	<b>Cream Sour 4/5lb case</b>
<b>Eggs &amp; Dairy</b>	<b>Egg 15 Dzn Green Valley Large White Loose</b>
	<b>Egg Extra Large 30 dzn Loose</b>
	<b>Egg Hard Boiled 20#</b>
	<b>Egg Large Brown 15DZN Cage Free Loose</b>
	<b>Egg Large Brown 2.5 DZN Cage Free Loose Flat</b>
	<b>Egg Large Brown 9 DZN Cage Free Carton Retail Pack</b>
	<b>Egg Liquid 15 - 2lb bags</b>
	<b>Egg Medium White 30 Dzn Case</b>
	<b>Milk 2% 4gal case</b>
	<b>Milk Buttermilk 9 ? gal</b>
	<b>Milk Skim 4gal cs</b>
	<b>Milk Whole 4gal case</b>
<b>Meats &amp; Protein Substitutes</b>	<b>Beef 8# -10lb 73/27 Ground Beef Commercial Brand 80lb Case priced per lb</b>
	<b>Beef Choice Boneless Brisket Commercial Brand per lb avg 65lb case priced per lb</b>
	<b>Beef Deli Roast Beef Kentucky Gold 2/6-7lb per case</b>
	<b>Beef Ribeye Boneless 15 and Up Lip On Select</b>
	<b>Beef Tenderloin 6/1 pcs National 42lb PSMO avg priced per lb</b>
	<b>Beef Top Inside Round 85lb case avg priced per lb</b>
	<b>Chicken Boneless Breast 20 lb Springer Mountain Farms priced per case</b>
	<b>Chicken Drums 40 lb priced per lb</b>
	<b>Chicken Pilgrim's Pride Casino 8-PC Cut 52 lb avg priced per lb</b>
	<b>Chicken Thighs 40 lb avg priced per lb</b>
	<b>Chicken Whole Springer Mtn 4lb Whole Fryers 10 per case 40lb avg priced per case</b>
	<b>Chicken Wings 40 lb priced per lb</b>
	<b>Pork 4#-2pc Boston Butt per lb 75lb avg priced per lb</b>
	<b>Pork Bacon Kunzler #1 16/18 10lb</b>
	<b>Pork Bacon Kunzler #2 Sliced Slab Bacon</b>
	<b>Pork Bacon Mariah 18/22 15lb</b>
	<b>Pork Bone In Pork Loin Center Cut per lb 75lb avg priced per lb</b>

	<b>Pork Boneless Loin per lb 50lb priced per lb</b>
	<b>Pork Ears 30lb</b>
	<b>Pork Feet 30lb</b>
	<b>Pork Ham Kunzler Black Forest 2-7/8lb priced per lb</b>
	<b>Pork Ham Sugar Tree ? Spirel Sliced Ham 4 6-9lb priced per lb</b>
	<b>Pork Hocks Smoked Gusto 30 1lb</b>
	<b>Pork Jowls Peppered Felt's 60 1lb</b>
	<b>Pork St Louis Style Ribs Light Spareribs 4/2pc priced per lb</b>
	<b>Pork Tails Frozen Smithfield 30 1lb</b>
	<b>Turkey Breast Deli Carolina 2 8-9lb priced per lb</b>
	<b>Turkey Breast FROZEN B.I Turkey Breast 6/6-8lb priced per lb</b>
	<b>Turkey Breast Smoked Carolina 2 8-9 lb priced per lb</b>
	<b>Turkey Drums Frozen Smoked Gusto 30 1lb priced per lb</b>
	<b>Turkey Ground Frozen Fine Ground 12 -1lb</b>
	<b>Turkey Whole Frozen Honeysuckle Tom' 2 16-18lb priced per lb</b>
<b>Produce &amp; Fruit</b>	<b>Almond 10lb Shelled</b>
	<b>Almonds 1lb</b>
	<b>Apple Cider, 9 x 1/2 gallon Apple Wedge Hendersonville, NC</b>
	<b>Apple Fuji Bu ( Local When In Season )</b>
	<b>Apple Gala Bu ( Local When In Season )</b>
	<b>Apple Golden Delicious Bu ( Local When In Season )</b>
	<b>Apple Granny-smith Bu ( Local During Season )</b>
	<b>Apple Green per each</b>
	<b>Apple Pink Lady Bu ( Local When In Season )</b>
	<b>Apple Red Bu ( Local When In Season )</b>
	<b>Apple Red Per each</b>
	<b>Apricot Dried 10lb</b>
	<b>Apricot Dried per lb</b>
	<b>Artichoke 24/30ct</b>
	<b>Artichoke Hearts Quarterd - #10 Can - 6/Case</b>
	<b>Arugula Baby 1 Case</b>

	<b>Asparagus 1# bunch</b>
	<b>Asparagus 11lb Case</b>
	<b>Asparagus Jumbo</b>
	<b>Avocado 1/2 case 24ct</b>
	<b>Avocado 48ct</b>
	<b>Avocado 48ct Organic</b>
	<b>Avocado 60ct</b>
	<b>Avocado Green 48ct</b>
	<b>Avocado per each</b>
	<b>Banana 40# Organic</b>
	<b>Banana 40lb</b>
	<b>Banana 5lb</b>
	<b>Banana per lb</b>
	<b>Basil 1/2 lb</b>
	<b>Basil 1lb</b>
	<b>Basil Thai 1lb</b>
	<b>Bean Butter Fresh 8-10lb</b>
	<b>Bean Dried Cranberry 25lb</b>
	<b>Bean Dried Large Lima 25lb</b>
	<b>Bean Fava Fresh 1bu SPECIAL ORDER 2-3 DAY DELIVERY TIME</b>
	<b>Bean Great Northern 25lb</b>
	<b>Bean Half Runner Bushel</b>
	<b>Bean Pinto Dried 50lb</b>
	<b>Bean Snap Bushel</b>
	<b>Bean Trimmed Heir Co Vert ( French Green Bean ) 10lb</b>
	<b>Beet Candy Cane 25lb</b>
	<b>Beet Golden 25lb</b>
	<b>Beet Red per lb</b>
	<b>Beets Red 25lb</b>
	<b>Berries Black 12- 1/2 pt</b>
	<b>Berries Black per container</b>

	<b>Berries Blue 12 pints ( Local Gallons When Available)</b>
	<b>Berries Blue Dried 10lb</b>
	<b>Berries Blue Dried per lb</b>
	<b>Berries Blue Organic</b>
	<b>Berries Blue per container</b>
	<b>Berries Cran 24ct</b>
	<b>Berries Cran Dried 10lb</b>
	<b>Berries Cran Dried per lb</b>
	<b>Berries Raspberries 12pt</b>
	<b>Berries Raspberry per conatiner</b>
	<b>Berries Strawberries 8 / 1lb</b>
	<b>Berries Strawberry 1qt</b>
	<b>Berries Strawberry Driscoll ( Top Quality )</b>
	<b>Black Radish 25lb</b>
	<b>Blueberries IQF Blueberries 30 lb. Case</b>
	<b>Bok Choy Baby 30lb</b>
	<b>Bok Choy per lb</b>
	<b>Broccoli 1 bunch</b>
	<b>Broccoli 14ct Case</b>
	<b>Broccoli 4/3lb Florets</b>
	<b>Broccoli Crowns 20lb</b>
	<b>Broccoli Florets 3lb</b>
	<b>Broccolini 18ct</b>
	<b>Brussel Sprouts 25lb</b>
	<b>Brussels Sprouts per lb</b>
	<b>Cabbage Diced Cut 5lb</b>
	<b>Cabbage Fine Shred 4/5#</b>
	<b>Cabbage Napa 30lb</b>
	<b>Cabbage Nappa per head</b>
	<b>Cabbage Red 50lb ( Local During Season )</b>
	<b>Cabbage Red Per per head</b>

	<b>Cabbage Red Shredded 4x5lb</b>
	<b>Cabbage Savoy 40#</b>
	<b>Cabbage Savoy per each</b>
	<b>Cabbage White/Green 50lb</b>
	<b>Cabbage White/Green per head</b>
	<b>Cantaloupe Case</b>
	<b>Cantaloupe Each</b>
	<b>Carrot 25# Bulk</b>
	<b>Carrot 50lb</b>
	<b>Carrot 5lb</b>
	<b>Carrot Baby Conventional 4/5lb Bags</b>
	<b>Carrot Baby w Tops Mixed Colors 5lb</b>
	<b>Carrot Rainbow 25lb</b>
	<b>Carrot Shredded 4x5lb</b>
	<b>Cashew 10 lb</b>
	<b>Cashew Shelled per lb</b>
	<b>Cauliflower 12ct Case</b>
	<b>Cauliflower per head</b>
	<b>Celery 30ct Case</b>
	<b>Celery per Stalk</b>
	<b>Celery Root 10lb SPECIAL ORDER 2-3 DAY DELIVERY TIME</b>
	<b>Chard Swiss Red cs</b>
	<b>Cherries Dried per lb</b>
	<b>Chervil 1lb SPECIAL ORDER 2-3 DAY DELIVERY TIME</b>
	<b>Chiles Ancho Dried per lb</b>
	<b>Chiles Chipotle Dried per lb</b>
	<b>Chiles de Arbol/Japones Dried per lb</b>
	<b>Chiles Guajillo Dried per lb</b>
	<b>Chives 1/2 lb</b>
	<b>Chives 1lb</b>
	<b>Cilantro 30 Bunch</b>

	<b>Cilantro 60 ct</b>
	<b>Cilantro each</b>
	<b>Coconuts Young Thai</b>
	<b>Cole Slaw Shredded 4x5lb</b>
	<b>Corn Husks</b>
	<b>Corn per each ear</b>
	<b>Corn Sweet Bushel Various Varieties (Seasonal Appalachian Grown)</b>
	<b>Corn Yellow Bi-Color Bushel</b>
	<b>Cranberry Fresh 24 12oz bags</b>
	<b>Cucumber 1bu</b>
	<b>Cucumber 5lb</b>
	<b>Cucumber each</b>
	<b>Cucumber European 12ct</b>
	<b>Cucumber Picklers 40lb</b>
	<b>Currants Dried 10lb</b>
	<b>Currants Dried per lb</b>
	<b>Daikon 40lb</b>
	<b>Daikon per lb</b>
	<b>Dates Dried 10lb</b>
	<b>Dill 1/2 lb</b>
	<b>Dill Fresh 1lb</b>
	<b>Dragon Fruit 20 lb. IQF Frozen Diced Pitaya Dragon Fruit Cubes</b>
	<b>Eggplant Asian ( Local When Available )</b>
	<b>Eggplant per lb</b>
	<b>Eggplant Regular 1 1/9 bu</b>
	<b>Endive 24ct</b>
	<b>Fennel 12ct</b>
	<b>Fennel Per Head</b>
	<b>Figs Dried 10lb</b>
	<b>Figs Dried per lb</b>
	<b>Fresh Kiwi 39ct</b>

	<b>Frissee 3 lb</b>
	<b>Garlic 4x5lb case peeled</b>
	<b>Garlic 5lb Peeled</b>
	<b>Garlic Whole 30lb</b>
	<b>Garlic Whole per lb</b>
	<b>Ginger Fresh 30lb</b>
	<b>Ginger Fresh per lb</b>
	<b>Grape 1 Case Red Seedless</b>
	<b>Grape Red per 2lb bag</b>
	<b>Grape White Seedless 18lb case</b>
	<b>Grapefruit 12ct Pink Florida</b>
	<b>Grapefruit 40ct Pink Florida</b>
	<b>Grapefruit Juice .5 gal Natalies Juice Co</b>
	<b>Grapefruit per each</b>
	<b>Greens Collard ( whole Leaf )</b>
	<b>Greens Collard 10lb Chopped</b>
	<b>Greens Micro Chef Mix - 8oz</b>
	<b>Hazelnut Shelled per lb</b>
	<b>Hazelnuts 10 lb</b>
	<b>Honeycomb 12/1pt</b>
	<b>Honeydew 8ct Case</b>
	<b>Honeydew per each</b>
	<b>Horseradish Fresh 1lb</b>
	<b>Jicama 20lb</b>
	<b>Juice Grapefruit 6 x .5 gal Natalies Juice Co</b>
	<b>Juice Tangerine 6 x .5 gal Natalies Juice Co</b>
	<b>Kale Fresh 24ct cs</b>
	<b>Kiwi per each</b>
	<b>Leek 12ct</b>
	<b>Leeks 1 bunch</b>
	<b>Lemon 10lb</b>

	<b>Lemon 12ct</b>
	<b>Lemon 165 ct</b>
	<b>Lemon 200 ct</b>
	<b>Lemon Grass per bunch</b>
	<b>Lemon Juice 1 quart Natalies Juice Co</b>
	<b>Lemon Juice 16x1qt Natalies Juice Co</b>
	<b>Lemon per each</b>
	<b>Lettuce Bibb Asheville Hydroponic</b>
	<b>Lettuce Fancy Mixed Heads 24ct HYDRO LOCAL</b>
	<b>Lettuce Green Leaf 24ct</b>
	<b>Lettuce Iceberg (per head)</b>
	<b>Lettuce Iceberg 1 Case 24ct Wrapped</b>
	<b>Lettuce Iceberg Shredded 5lb</b>
	<b>Lettuce Romaine Blend 4/5 lb</b>
	<b>Lettuce Romaine Hearts 12/3</b>
	<b>Lettuce Romaine Whole cs 24ct</b>
	<b>Lettuce Spring Arcadian Mix 4x3lb</b>
	<b>Lettuce Spring Mix Salad Greens 3lb</b>
	<b>Lime 12ct</b>
	<b>Lime 40lb</b>
	<b>Lime Juice 1 quart Natalies Juice Co</b>
	<b>Lime Juice 16x1qt case Natalies Juice Co</b>
	<b>Lime per each</b>
	<b>Limes 10lb</b>
	<b>Mango Fresh Case</b>
	<b>Mango per each</b>
	<b>Mint 1/2 lb</b>
	<b>Mint 1lb Fresh</b>
	<b>Mushroom Button 10lb</b>
	<b>Mushroom Crimini 10lb</b>
	<b>Mushroom Crimini 5lb</b>



	<b>Mushroom Dried Forest Blend 1lb</b>
	<b>Mushroom Dried Shiitake 1lb</b>
	<b>Mushroom Oyster 5Lb</b>
	<b>Mushroom Portobello 5lb</b>
	<b>Mushroom Portobello Caps Large 5lb</b>
	<b>Mushroom Shiitake 3lb</b>
	<b>Mushroom White 10lb Sliced</b>
	<b>Mushroom White Large Silver Dollar 10lb</b>
	<b>Mushroom White Medium 10lb</b>
	<b>Okra 1/2 bushel</b>
	<b>Onion Cipollini 10#</b>
	<b>Onion Cipollini Peeled 5lb</b>
	<b>Onion Colossal 50#</b>
	<b>Onion Diced 5lb</b>
	<b>Onion Green Case 8lb's</b>
	<b>Onion Iceless Green 2lb</b>
	<b>Onion Jumbo Red 25#</b>
	<b>Onion Jumbo Yellow 25#</b>
	<b>Onion Pearl 12x10 oz</b>
	<b>Onion Red 10lb</b>
	<b>Onion Vidalia 40lb</b>
	<b>Onion White 50lb</b>
	<b>Onion Yellow Jumbo 10lb</b>
	<b>Onion Yellow Jumbo 50lb</b>
	<b>Orange 10lb Select ( Vibrant Color )</b>
	<b>Orange Blood Bu</b>
	<b>Orange Blood Juice 6qt case</b>
	<b>Orange California 113ct Navels</b>
	<b>Orange California 88 ct</b>
	<b>Orange each ( pack of 12 )</b>
	<b>Orange Juice 1 gal Fresh Squeezed Natalies Juice Co</b>

	<b>Orange Juice 4x1gal Natalies Juice Co</b>
	<b>Orange Navel ( Vibrant Flavor and Color) Florida / California 56ct – 88ct</b>
	<b>Orange Navel ( Vibrant Flavor and Color) Florida California 72ct</b>
	<b>Orange per each</b>
	<b>Orchid Edible Flower 100ct</b>
	<b>Oregano 1/2 lb</b>
	<b>Oregano 1lb Fresh</b>
	<b>Parsley Curly 60 ct</b>
	<b>Parsley Curly Per Bunch</b>
	<b>Parsley Italian (per bunch)</b>
	<b>Parsley Italian 30ct</b>
	<b>Parsnip 20lb</b>
	<b>Parsnip per lb</b>
	<b>Peach Various Variety Various Farms 25lb Basket (Seasonal Appalachian Grown)</b>
	<b>Peanuts Raw NMx 50lbs</b>
	<b>Peanuts Salt/Roast 25lb</b>
	<b>Pear Asian 16ct</b>
	<b>Pear BU. Bosc</b>
	<b>Pear Bu. Danjou</b>
	<b>Pear Green Bu.</b>
	<b>Pear per lb</b>
	<b>Pecans 10 lb</b>
	<b>Pecans Shelled per lb</b>
	<b>Pepper Anaheim 10lb</b>
	<b>Pepper Anaheim Bushel</b>
	<b>Pepper Bell Red 3lb</b>
	<b>Pepper Bell Red bu.</b>
	<b>Pepper Ghost Dried 1lb</b>
	<b>Pepper Green Bell 3lb</b>
	<b>Pepper Green Bell bu.</b>
	<b>Pepper Green Bell per lb</b>

	<b>Pepper Habanero 8lb</b>
	<b>Pepper Habanero per lb</b>
	<b>Pepper Jalapeno 1-1/9 Bu</b>
	<b>Pepper Jalapeno 10lb</b>
	<b>Pepper Jalapeno per lb</b>
	<b>Pepper Poblano 10lb</b>
	<b>Pepper Poblano per lb</b>
	<b>Pepper Red Bell per lb</b>
	<b>Pepper Serrano 10lb</b>
	<b>Pepper Serrano 1lb</b>
	<b>Pepper Yellow Bell 3lb</b>
	<b>Pepper Yellow Bell bu</b>
	<b>Pepper Yellow Bell per lb</b>
	<b>Pine Nuts 11 lb</b>
	<b>Pine Nuts Shelled per lb</b>
	<b>Pineapple 22 lb. IQF Frozen Diced Pineapple</b>
	<b>Pineapple 7ct</b>
	<b>Pineapple Per Each</b>
	<b>Pistachios 10 lb</b>
	<b>Pistachios Shelled per lb</b>
	<b>Plantain 50lb Green</b>
	<b>Pomegranate 20ct ( Market Price ) Seasonal</b>
	<b>Potato 80ct Idaho</b>
	<b>Potato 90ct Idaho</b>
	<b>Potato Chef White 50lb</b>
	<b>Potato Fingerling 10lb</b>
	<b>Potato Fingerling MIXED COLORS 50lb</b>
	<b>Potato Fingerling Yellow 50lb</b>
	<b>Potato Idaho 10lb</b>
	<b>Potato Jumbo Red Sweet</b>
	<b>Potato Purple 50lb</b>

	Potato Red 50lb A #2
	Potato Russet 50ct (large bakers) bu.
	Potato Russet 80ct
	Potato Yukon Gold 50lb
	Potatoes Marbled Assorted 10lb case
	Pumpkin Seeds 10lb
	Pumpkin Seeds per lb
	Radicchio
	Radish 14x1lb Bags
	Radishes per 1lb Bag
	Raisins Gold Dried per lb
	Raisins Golden 10lb case
	Rapini Broccoli Rabe
	Rhubarb 20lb case Seasonal
	Rosemary 1/2 lb
	Rosemary 1lb
	Rutabaga 50lb
	Sage 1/2 lb
	Sage 1lb Fresh
	Salsify 11lb
	Shallot 5lb Peeled
	Shallot 5lb Whole Skin On
	Snap Beans per lb
	Snow Peas 10lb
	Spinach Baby 4lb
	Spinach Cello Pkg 4/2.5#
	Squash Acorn bu. ( Locally Sourced When In Season )
	Squash Acorn per each
	Squash Butternut bu. ( Locally Sourced When In Season )
	Squash Butternut per each
	Squash Chayote 35lb

	Squash Chayote per each
	Squash Spaghetti bu. ( Locally Sourced When In Season )
	Squash Spaghetti per each
	Squash Yellow .75bu
	Squash Yellow 5lb
	Squash Zucchini 1/2bu
	Squash Zucchini 5lb
	Strawberries 30 lb. IQF Organic Whole Strawberries
	Strawberries Various Farms 1gal (Seasonal Spring)
	Sugar Snap Peas 10lb
	Sunchoke (when in season) 10lb
	Sunflower Seeds 10 lb
	Sunflower Seeds per lb
	Tangerine Juice .5 gal
	Tarragon 1/2 lb
	Tarragon 1lb Fresh
	Tempeh Organic 5x2lb
	Thyme 1/2 lb
	Thyme 1lb
	Tofu 12x12oz ORG
	Tofu 1lb pack
	Tofu Bucket 27lb
	Tomatillos 10lb
	Tomatillos per lb
	Tomato 5x5 Slicing 25lb
	Tomato Cherry 12pt
	Tomato Grape ( 1 PINT )
	Tomato Grape 12 pt
	Tomato Green 25lb Case
	Tomato Green per lb
	Tomato Heirloom Assorted Variety Various Farms 25lb cs (Seasonal Appalachian Grown)

	<b>Tomato Large Slicer per lb</b>
	Tomato Red Slicer 10lb
	Tomato Roma 25lb
	Tomato Roma per lb
	Tomato Romas 10lbs
	Tomato Sun Dried 5lb
	Tomato Yellow 25lbs
	Turnip Per lb
	Turnips 25lb
	Walnuts 10lb
	Walnuts Shelled per lb
	Watercress 3lb
	Watermelon Seedless ea
	Yucca 40lb